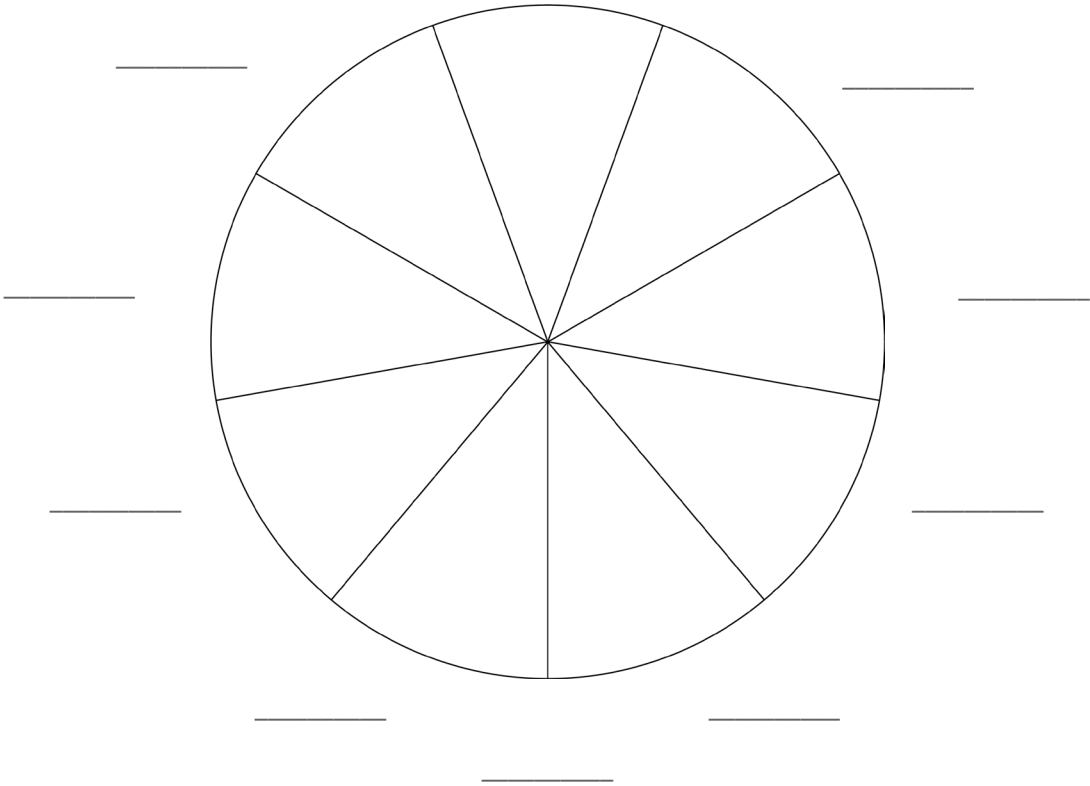


# Self-Evaluation Wheel

Date: \_\_\_\_\_



How Am I Feeling - Initial Thoughts?

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